

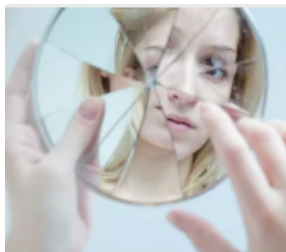
marri *Findings*

FAITH & FAMILY



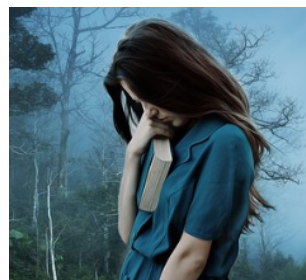
**“The most terrible poverty is loneliness and the feeling of being unloved.”
– Mother Teresa**

Attachment Style and the Probability of Suicide



A [2013 study](#) of 5,692 adults aged less than 18 years found that, compared to individuals with a secure attachment style, those with an insecure attachment style (which stems from mothers/caregivers' inattentive and unresponsive reaction to their infant's distress) were associated with an increased likelihood of reporting suicidal ideation and suicide attempts.

Self-Criticism Explains a lot of the Relationship Between Attachment Style and Suicide



A [2017 Italian study](#) of 340 high school students, aged 13 to 20 years, found that individuals with a self-critical personality style characterized by a substantial sensitivity to criticism by others and also by their own severe self-scrutiny and judgment, are more likely to engage in suicidal ideation and behavior.

Interpersonal Problems
Mediate the Link Between
Attachment Style and
Suicide



A [2008 study](#) of 406 participants recruited from psychiatric hospitals found that interpersonal problems mediate the relationship between attachment style and suicide-related behaviors. Specifically, individuals with an anxious attachment style and high levels of interpersonal problems are more likely to engage in suicide-related behaviors, while individuals with an avoidant attachment style and low interpersonal problems are more likely to engage in self-harm (i.e., self-injury without the intent to die).



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