marri Findings
FAITH & FAMILY
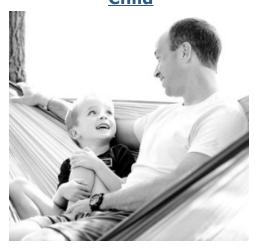

Time with Dad

Makes Children Glad

"“If you want your children to turn out well, spend twice as much time with them and half as much money” – Abigail Van Buren, (AKA Dear Abby)

Fathers Who Live with their Children are More Involved in their Children's Lives

Father Engagement Reduces Stress in their Adolescent Child

A [2013 study by the Centers for Disease Control and Prevention (CDC)](#) found that fathers who lived with their children participated in their children's lives to a greater degree than fathers who lived apart from their children.

A [2017 study](#) found that fathers who engaged in household and leisure activities with their adolescent children had children with lower levels of stress compared to children whose fathers did not engage in these activities. These results remained significant even after controlling for mother's engagement in shared activities, family ethnicity, and the children's biological sex.
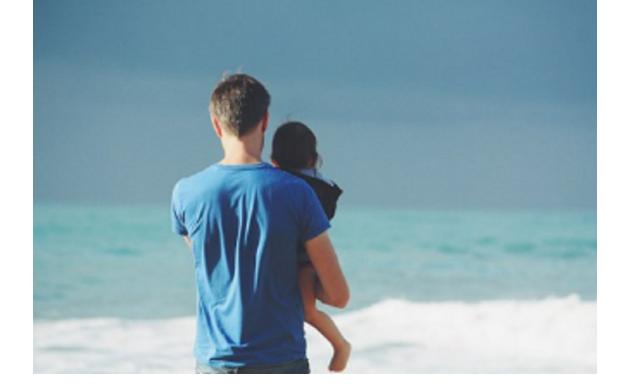
Father Engagement Reduces Depressive Affect and Promotes Cognitive Development

A [2017 study](#) in England found that fathers who frequently interacted with their 3-month-old infant had infants with lower levels of depressive affect and higher levels of cognitive development at 24 months.

Paternal Involvement Increases Children's Quality of Life

A [2006 study](#) found that adolescents 14 years old and older who had highly involved fathers reported having a more favorable quality of life.

For More Information about [Healthy Marriages](#), please visit Marripedia.org

Father's Day celebrates the relationship between a father and his child(ren), a relationship that is very generative ----of good or evil, of love or hate ---depending on the relationship. Some are blessed with great fathers, e.g. John Paul II and Therese Martin. Others are cursed with fathers who generate hate, as was the case for most of the founders of The National Organization of Women (NOW). Continue Reading...

For the good of the child, the future of America,

Pat Fagan

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