

# marri *Findings*

FAITH & FAMILY

## Single Parents Seeking Mercy and Forgiveness from their Children



“As a young friend was about to go to college his father sat him down and said, “I saved myself for your mother. I hope you will do the same for your future bride.” He was very grateful to his father for telling him that. It was a great ideal and his father's achievement and encouragement carried him through many temptations. He is looking forward to the day when he can tell the same to his son.” [Continue Reading Here...](#)

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# Belonging

“I can never be what I ought to be until you are what you ought to be. This is the interrelated structure of reality.” – Martin Luther King, Jr.

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## Integration in the Family Impacts Quality of Life



The higher the degree of social integration the better is are physiological functioning and rates of physical disorders. This holds for children and adults. These findings come from a [2016 study](#) that harmonized data from four large, nationally representative surveys.

## Cohesion in the Family is Good for the Family



A [2015 study](#) examined the role of a sense of integration in family and marital functioning among Chinese childbearing couples in Hong Kong. A strong sense of family coherence was associated with better family and marital functioning in the perinatal period. The findings come from a convenience sample of 202 couples recruited at an antenatal clinic in Hong Kong.

## Social Integration is Good for Health and Longevity



A [2012 study](#) examined the relationships between a family's sense of coherence, social support, stress, and quality of life. The findings indicate that a family sense of coherence and social support has a direct effect on mental health, especially symptoms of depression, by an increasing a sense of quality of life and reducing stress. The 267 respondents were pregnant Chinese pregnant women attending an antenatal clinic.

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Marriage and Religion Research Institute · 8801 Kensington Parkway · Chevy Chase, MD 20815 · USA