

marri Findings

FAITH & FAMILY



Healthy Marriages, Flourishing Lives

"Getting married, for me, was the best thing I ever did. I was suddenly beset with an immense sense of release, that we have something more important than our separate selves, and that is the marriage. There's immense happiness that can come from working towards that." - Nick Cave

What is a Healthy Marriage?



ChildTrends summarizes and diagrams the research on [healthy marriage](#): It involves commitment, marital satisfaction, positive communication, the ability to resolve conflicts, the absence of abuse (sexual, physical, emotional), the presence of fidelity, intimacy, positive interactions, and commitment to children.

Children from Healthy Marriages Thrive



A [major study](#) (close to 200,000 sample size) found that US children from married families have better health, schooling, and cognitive outcomes, and better access to health care.

A Healthy Marriage Increases Positivity



A [French study](#) found that always intact married people have higher emotional intelligence, happiness, and optimism compared to people with other marital statuses.

A Long and Healthy Marriage is Good for Your Health



From a [Harvard University Longitudinal Study](#): Marital satisfaction among couples in their 80s protects them from emotional and physical pain.



For More Information about [Healthy Marriages](#), please visit [Marrimedia.org](#)

BLOG: Great Mothers Lead-- But Where Are the Fathers?



[Ana Samuel](#), in "[A Message to Mayor Pete](#)", writes about the penetration of the radical effort to distort the sexuality of every child in America. It is brilliant in its appeal and argument, and wonderful in its recognition of the dignity of every person in the LGBT movement. It says, from a mother's perspective, everything I see, think and feel from a therapist's point of view and from a social scientist's knowledge of the data in these fields. What is happening--- these are my words, not hers--- is child sexual abuse perpetrated by government (state and local) through our educational system, across the nation. It is corrupting almost everything it touches: education, medicine, college tenure, research publication, journalism and even the clergy. It flies in the face of what the data say, and instead of leading children in the ways of a thriving adulthood is deliberately sacrificing their health, happiness, income and education on the altar of an anti-human, ideology, that has nothing to do with the dignity of each person, including the dignity of the lesbian woman, gay man, or transgendered person, behind whom they hide. [Continue reading here.](#)

For the good of the child --- the future of America,

Pat Fagan, Ph.D.

Director of the MARRI Project

Catholic University of America