Marri Findings



"There is no such thing as society: there are individual men and women, and there are families." – Margaret Thatcher, Former Prime Minister of the United Kingdom

Men and Women Differ in their Attachment Styles



A <u>2019 review</u> of sex differences in attachment styles found that men tend to be higher in avoidant attachment, which functions as a strategy to minimize commitment and promotes short-term mating, while women tend to be higher in anxious attachment style, which functions to maximize investment from partners and relatives.

Men and Women Differ in their Attachment Styles



A <u>2012 study</u> examining 746 undergraduate students from the University of Granada in Spain found that men with avoidant attachment styles had the highest number of partners and the most negative attitudes on relationship stability and the expression of feelings towards their partners. Women with avoidant attachment styles had more positive attitudes.

Adult Attachment Styles are Influenced by the Nature of Parental Ties during Childhood



A <u>2006 study</u> of 3,912 Japanese college students found an interesting difference in the formation of secure attachment in men and women. Both needed mother to not be overprotective (anxious). For secure attachment men were more dependent on bonding with their father, while women needed bonding with both father and mother to attain a secure attachment style.

Also, frequent bullying at school could undo the security laid down by parents.

Americans: Dollar Rich but Time (and Relationship) Poor! A Way Out?



Forming and developing relationships takes time not money. In the U.S. we are great at making money, running businesses and increasing productivity, and have 57 Nobel Laureates in Economics to prove it. The rest of the world agrees and beats a path to our universities to learn how. Though we are the richest nation in history, however, our people don't get much paid vacation, and more than half don't use the small amount they do get! Contrast this with Western Europe where most take August off for family vacation time. I myself, an immigrant from Ireland, was struck by this difference and concluded that "Americans live to work while Europeans work to live." *Continue Reading...*



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