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marri *Findings*

FAITH & FAMILY



"Faith, family, academics and then sports was the order of priorities in my family. My parents really stuck to these principles when raising me and my two brothers. As long as we took care of everything, they let us play as much basketball as we wanted."-Jeremy Lin, NBA Player

Parents' Religiosity **Correlated with Positive** **Outcomes**



A study using the 1997 [National Longitudinal Survey \(NLSY\)](#) found that parents' religiosity, which is defined as religious beliefs and practices, was positively associated with good health and higher levels of education, while inversely associated with substance abuse.

Parents' Religious **Attendance and Prayer Delay** **Teen Sexual Activity**



A [study using the 1997 National Longitudinal Survey of Youth \(NLSY\)](#) found that parents who frequently attended religious services and prayed together as a family were more likely to have teens who delayed their first sexual experience compared to children whose parents did not regularly attend religious services and did not engage in any religious activities.

Parents' Religiosity Lowers **Risk for Children's Suicidal** **Behavior**



A [2018 Journal of the American Medical Association \(JAMA\)](#) study found that parents' religiosity was associated with a 40% decrease in risk of suicidal behavior. Parents' religiosity and frequency of religious attendance decreased the risk of suicidal behavior among daughters, but only parents' religiosity decreased the risk of suicidal behavior among sons.

Parents' Religious **Attendance and Time Spent** **in Prayer Associated with** **Healthy Teeth**

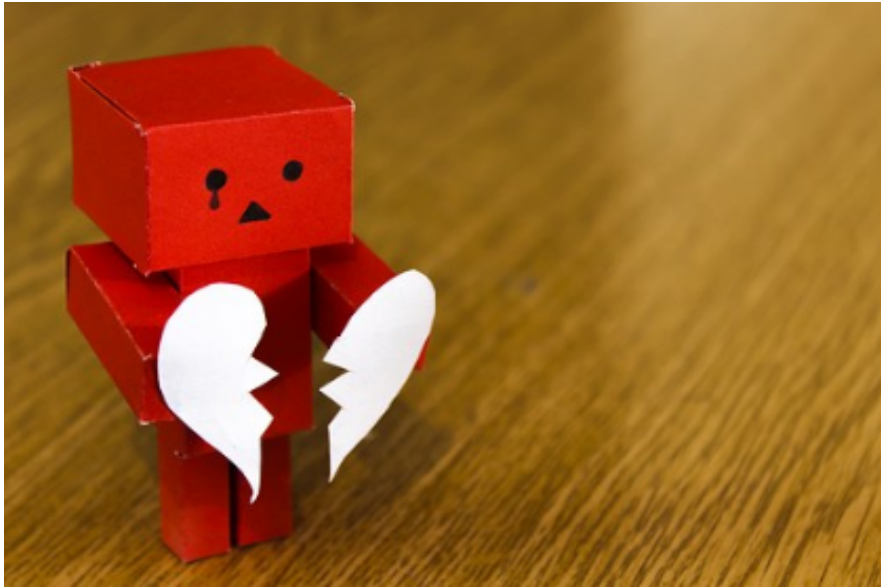


[Families in Brazil](#) who attended church regularly and spent time in prayer, meditation, Bible reading or reading of other religious texts had healthier teeth than children from nonreligious families. Children from nonreligious families were more likely to have dental caries, gingivitis, and toothache.



**For More Information about [Healthy Marriages](#), please visit
Marripedia.org**

[Sex Gone Wrong: Fertility and STDs](#)



We have a drop in [birth rates](#) (and religious practice) and a rise in STDs. Let the data do the talking.

But it is very hard to find this data. Try Googling or try searching from [CDC's main page](#).

But when you find the page it is a treasure trove (for the few STDs they report on --- we have many, many more). For the few (the bigger, well known ones) here are two very good and related sites are: [Continue reading here](#).

For the good of the child --- the future of America,
Pat Fagan, Ph.D.

Director of the MARRI Project
Catholic University of America

