

# Quality of Parent-Child Relationship By Family Structure and Religious Practice 



Source: National Center for Health Statistics in the National Survey of Children's Health (2003)

Quality of Parent-Child Relationship By Religious Practice


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> This chart groups the data in four categories: frequency of religious attendance (monthly or more/less than monthly) and family structure (intact/non-intact).

The intact category comprises families with both biological parents, married or unmarried, raising their children. The non-intact category comprises families without both biological parents, including married stepfamilies, cohabiting stepfamilies, divorced single-parent families, and always single-parent families.

The resultant four categories are 1) intact family with monthly or more religious attendance; 2) intact family with less than monthly religious attendance; 3) non-intact family with monthly or more religious attendance; and 4) non-intact family with less than monthly religious attendance.

These charts draw on data collected by the National Center for Health Statistics in the National Survey of Children's Health (NSCH) in 2003. The data sample consisted of parents of 102,353 children and teens in all 50 states and the District of Columbia. 68,996 of these children and teens were between six and 17 years old, the age group that was the focus of the study. The survey sample in this age range represented a population of nearly 49 million young people nationwide.

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Family Structure: The 2003 National Survey of Children's Health shows that children who lived with both biological parents or two adoptive parents scored higher on the positive parental relationship scale (50.7) than children who lived within other family configurations (47.9), such as with their father only or foster parents. ${ }^{1}$ In between were those who lived with a biological parent and a stepparent (48.0) and those who lived with single mothers (49.7). ${ }^{2}$

Religious Practice: Children who attended religious services at least weekly scored higher on the positive parental relationship scale (50.7) than children who never attended religious services (48.4). In between were children who worshipped one to three times a month (49.5) and children who attended religious services less than once a month (49.8).

Family Structure and Religious Practice Combined: Children who worshipped frequently and lived with both biological parents or with two adoptive parents had a higher score (50.9) than those who worshipped less than monthly and lived in single-parent or reconstituted families (47.5). In between were those who lived in intact families and worshipped less than monthly (49.7) and those who lived in non-intact families who worshipped at least monthly (49.7). The data were taken from the National Survey of Children's Health.

The stress of marital conflict and separation, and the strains of maintaining a household and rearing children as a single parent, often interfere with the task of interacting with children in a calm, positive, yet firm and authoritative manner. ${ }^{3}$

On the other hand, when parents and children are involved in a religious community, other members of the community and their children provide emotional support and practical assistance to the family and make it easier for parents to raise their children. Members of a religious community also reinforce the moral and spiritual lessons that parents try to impart to their children. ${ }^{4}$

Related Insights from Other Studies: Several other sources corroborate the direction of these findings. John Bartkowski of Mississippi State University and W. Bradford Wilcox of Princeton University reported that single parents "are more likely to yell" at their children and that conservative Protestant parents are less likely to do so. ${ }^{5}$

[^0]W. Jean Yeung of the University of Michigan and colleagues also found that fathers in intact families devote more time to their children and that most of the "social activity" time fathers spend with their children consists of religious activities. ${ }^{6}$

As the data indicate, religious attendance, religiosity, and intact families are building blocks of healthy parent-child relationships.

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[^1]
[^0]:    ${ }^{1}$ "Other family configurations" also include children living with grandparent or other relatives.
    ${ }^{2}$ Most of the parents in the "biological parent and a stepparent" category are married.
    ${ }^{3}$ Paul R. Amato, "The Consequences of Divorce for Adults and Children," vol. 62 (2000): 1,269-1,287.
    ${ }^{4}$ E. Mavis Hetherington and John Kelly, For Better or For Worse: Divorce Reconsidered (New York: W. W. Norton \& Company, Inc., 2002): 75-76.
    ${ }^{5}$ John P. Bartkowski and W. Bradford Wilcox, "Conservative Protestant Child Discipline: The Case of Parental Yelling," Social Forces, vol. 79 (2000): 265-290.

[^1]:    ${ }^{6}$ W. Jean Yeung, et al., "Children's Time with Fathers in Intact Families," Journal of Marriage and Family, vol. 63 (2001): 136-154.

