Adolescence Who Have Run Away
By Family Structure and Religious Practice

This chart groups the data in four categories: frequency of religious attendance (monthly or more/less than monthly) and family structure (intact/non-intact).

The intact category comprises families with both biological parents, married or unmarried, raising their children. The non-intact category comprises families without both biological parents, including married stepfamilies, cohabiting stepfamilies, divorced single-parent families, and always single-parent families.

The resultant four categories are 1) intact family with monthly or more religious attendance; 2) intact family with less than monthly religious attendance; 3) non-intact family with monthly or more religious attendance; and 4) non-intact family with less than monthly religious attendance.

These charts depict the percentage of adolescents in Grades 7-12 who have ever run away, correlated with religious attendance and family structure.


These charts draw on a large national sample (16,000) from the National Longitudinal Study of Adolescent Health. This work was done by the author in cooperation with former colleagues at The Heritage Foundation.
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Family Structure: Based on National Longitudinal Study of Adolescent Health, 6.3 percent of students in Grades 7-12 who lived with their married, biological parents had run away from home before. By contrast, 11.9 percent of adolescents who lived with a stepparent had run away from home. In between were those who lived with two biological cohabiting parents (8.6 percent), those whose parents were divorced (10.5 percent), those who lived in a cohabiting stepfamily (10.9 percent), and those who lived with a single, never-married parent (11.1 percent).

Religious Practice: According to the National Longitudinal Study of Adolescent Health, 6.4 percent of students in Grades 7-12 who worshipped at least weekly had run away from home. By contrast, 11.5 percent of students who never worshipped had run away from home. In between were those who worshipped one to three times a month (7.3 percent) and those who worshipped less than once a month (10.3 percent).

Family Structure and Religious Practice Combined: Only 5.2 percent of adolescents who lived with both biological parents and worshipped at least monthly had ever run away from home. By contrast, more than 13.1 percent of adolescents who worshipped less than monthly and came from single-parent or reconstituted families had run away. In between were those in non-intact families who worshipped at least monthly (8.5 percent) and those who lived with both biological parents and worshipped less than monthly (8.1 percent).

Related Insights from Other Studies: Several other studies corroborate the direction of these findings. Having analyzed delinquency data from the National Longitudinal Study of Adolescent Health, Lela McKnight and Ann Loper of the University of Virginia reported that single-parent status was a significant risk factor for adolescent female delinquency while religious belief was a significant resiliency factor.\(^2\)

Wendy Manning and Kathleen Lamb of Bowling Green State University also found that adolescents who lived with both biological parents and were more religious were less likely to be delinquent.\(^3\) As the evidence indicates, religious attendance and the intact married family are a powerful tandem of effective guardians against runaway adolescents.

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