Shoplifting Among Adolescents
By Family Structure and Religious Practice

This chart groups the data in four categories: frequency of religious attendance (monthly or more/less than monthly) and family structure (intact/non-intact).

The intact category comprises families with both biological parents, married or unmarried, raising their children. The non-intact category comprises families without both biological parents, including married stepfamilies, cohabiting stepfamilies, divorced single-parent families, and always single-parent families.

The resultant four categories are 1) intact family with monthly or more religious attendance; 2) intact family with less than monthly religious attendance; 3) non-intact family with monthly or more religious attendance; and 4) non-intact family with less than monthly religious attendance.

These charts depict the percentage of adolescents in Grades 7-12 who have repeatedly shoplifted (3+ times) when correlated with religious attendance and family structure.

These charts draw on a large national sample (16,000) from the National Longitudinal Study of Adolescent Health, Waves I and II. This work was done by the author in cooperation with former colleagues at The Heritage Foundation.
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**Family Structure:** According to the National Longitudinal Study of Adolescent Health Waves I and II, only 7.7 percent of adolescents living with married parents and 5.9 percent of adolescents living with cohabiting biological parents were repeat shoplifters (3+ times).\(^1\) Almost 9 percent of adolescents living with a single never-married parent and almost 10 percent of adolescents living with a divorced parent had shoplifted repeatedly. This percentage jumps to 12.4 percent for adolescents living with a stepparent or with one natural cohabiting parent (12 percent).

**Religious Practice:** Whereas only 6.2 percent of students in Grades 7-12 who worshipped at least weekly had shoplifted three or more times, 10.9 percent of those who never worshipped were repeat shoplifters. In between were those who attended one to three times a month (7.5 percent) and less than once a month (10.4 percent).

**Family Structure and Religious Practice Combined:** Only 6.1 percent of adolescent students who lived with both biological parents and worshipped at least monthly had repeatedly shoplifted. By contrast, over 12 percent of adolescent students who worshipped less than monthly and came from single-parent or reconstituted families had shoplifted repeatedly. In between were those in non-intact families who worshipped at least monthly (7.9 percent) and those who lived in intact families but worshipped less than monthly (9.9 percent).

**Related Insights from Other Studies:** \(^2\) Several studies corroborate the direction of these findings. Byron Johnson of Baylor University and colleagues found that while religiosity in adolescents has a negative impact on delinquency, adolescents who live with both biological parents are also less likely to associate with delinquent friends.\(^3\)

Mark Regnerus of the University of Texas at Austin reported that adolescents with higher family satisfaction and a greater degree of parent religiosity are less likely to be delinquent.\(^4\)

In another study, Regnerus and Glen Elder of the University of North Carolina at Chapel Hill found that the more important religion is to adolescents and the more satisfied adolescents are with their family, the less likely they are to engage in delinquent behavior.\(^5\)

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\(^1\) Given the variance in both instances there is no significant difference between these two structures.

\(^2\) The last two findings are from www.familyfacts.org.


Jerry Trusty of Texas A&M University also reported that the greater the import adolescents place on religion and the more often they attend religious activities, the more likely they are to have involved parents and the less likely they are to be delinquent.6

The moral beliefs and values developed through frequent religious worship and an intact family powerfully counteract the temptations of shoplifting and other delinquent acts. Through attendance at religious service and the influence of married parents, adolescents are more likely to respect others’ property.

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