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FAITH & FAMILY



“The propensity to make strong emotional bonds to particular individuals [is] a basic component of human nature.” – John Bowlby, psychiatrist and pioneer of attachment theory

Attachment and the Preborn



A [20-year old review of the literature](#) on prenatal attachment and perinatal loss (baby dies just before, during or shortly after delivery) found that the use of ultrasound has influenced the mother's attachment to her unborn baby by providing both parents an opportunity to visually bond with their infant.

Attachment and Marital Satisfaction



A [2014 Korean study](#) of 208 married teachers found that spouses with secure attachment report higher marital satisfaction than do those with insecure attachment. Furthermore, through forgiveness and empathy, this secure attachment leads to even higher marital satisfaction.

Influence of Early Child Experience on Fathering in Adulthood



A 2015 prospective study using [data from the Minnesota Longitudinal Study of Risk and Adaptation](#) (a longitudinal study of attachment from birth onwards, (started in 1976 by attachment genius, Alan Sroufe, of U MN), found that children who experience frequent changes in parental employment status, cohabitation status, and residence, (i.e. lots of instability) between birth to age 4, significantly increased the chances of negative parenting for men/fathers but not for women/mothers. The survey illustrates the connection between lower early maternal supportive presence (measured at ages 0 to 4) with insecure attachment later (measured at ages 19 and 26).



**For More Information about [Healthy Marriages](#), please visit
Marriedpedia.org**

**Hillbilly Elegy: The Power of an Attachment beyond
Mother's or Father's**



I recently listened to J.D.Vance's [Hillbilly Elegy](#), and given *Faith and Family Finding's* recent exploration of attachment research, I found that a blessing for I heard the story differently. In spite of Appalachian poverty, family violence and addiction, and his mother's five husbands, Vance and his sister end well: he with a Yale Law degree and a beautiful wife; she with a peaceful marriage. [Continue Reading...](#)



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