

## Family Benefits of Church Attendance\*

*“Where two or three are gathered in my name, there am I among them.” Matthew 18:20*

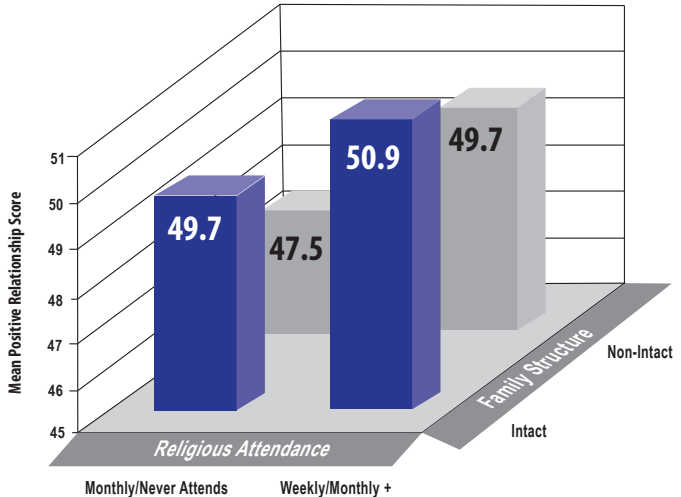
**God designed us to have a relationship with Him and social science research illustrates the benefits that come from spending time with Him.**

- Fathers who attend church are more likely to be affectionate with their children.
- Fathers who attend church are more likely to spend more time with their children.
- Adults who have spiritual conversations with one another are more likely to resolve family conflict with collaboration.
- Mothers with committed religious beliefs are more responsive to their children.
- Mothers who engage in private prayer tend to be more responsive and involved with their children.
- Men who frequently go to church are less likely to be violent and angry with their spouses.

**Having a relationship with God is part of His design. What steps can you take to strengthen your relationship with Him? How much time will you give Him?**

**Quality of Parent-Child Relationship  
 by Religious Attendance and Family Structure, Children Aged 6-17**

Source: National Survey of Children's Health (NSCH, 2003)



The accompanying graph illustrates the significant benefit of religious worship and family intactness on the quality of parent-child relationships. When we examine the picture as a whole, we see that worship improves parent involvement in a child's life, visible at the national level in this graph.

For links to the research behind these statements, please visit [www.marri.us/one-pagers/](http://www.marri.us/one-pagers/)

\*It bears emphasizing that these patterns hold for the groups involved, not for all the individuals who make up each group. There is naturally a wide variation among individuals.



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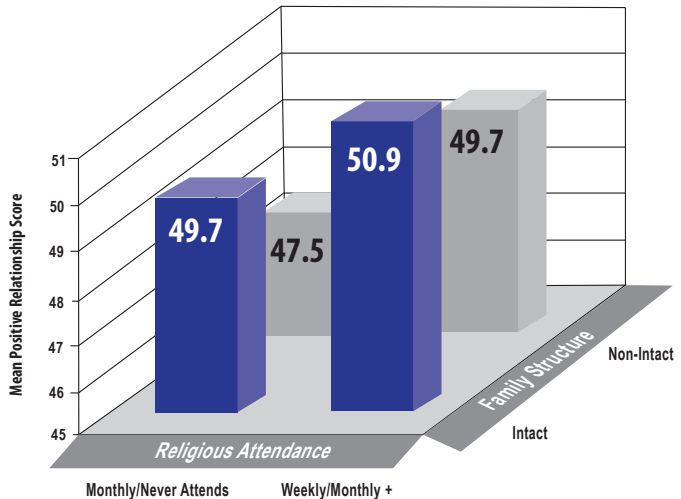
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