

7/22/2019

marri *Findings*
FAITH & FAMILY

**PREMARITAL BEHAVIOR
AND BACKGROUND**



**GREATLY IMPACTS
MARITAL QUALITY**

“So it's not gonna be easy. It's going to be really hard; we're gonna have to work at this everyday, but I want to do that because I want you. I want all of you, forever, everyday. You and me... everyday.”

- Nicholas Sparks, *the Notebook*

Women's Premarital Cohabitation is Inversely Associated with Marital Happiness



A 2012 study using [data from the National Longitudinal Survey of Youth](#) revealed that women's premarital cohabitation is inversely related to marital happiness and communication and directly associated with higher conflict.

Marital Quality Negatively Impacts Immune Function



A 13-year-old study using [data from the Intergenerational Panel Study of Parents and Children](#) (IPSPC) found that parents' marital quality facilitates the intergenerational transmission of attitudes. Parent-child similarity is highest among families in which parents have a positive relationship. Children who perceive that their parents have high-quality marriages are more supportive of marriage, and less supportive of divorce and premarital sex.

Adult Marital Quality Depends on Their Childhood Family Background



A [25-year-old study](#) found that adult children of divorce and adult children who have never lived with their

father are more likely to have poorer marital quality and have higher chances of divorce than those from two-parent families.



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