

# marri *Findings*

FAITH & FAMILY

## Got Religion? It's Good for You!



*"My parents did an amazing job of teaching my brother and me about faith, truth, God, and love. Our dinner table conversations often revolved around the topic of religion, and my parents spoke openly about the differences in their faith backgrounds. However, the differences were never approached from the perspective of fear, but always from a honest desire to seek the truth...I didn't realize it at the time, but when my parents prayed with us every night at dinner, they were teaching us about the type of people that we needed to grow up to be in a world so marked by violence and hatred." - [Sofia](#)*

## Religion Helps Us Flourish



Longitudinal studies over the past decades show that [participation in religious communities](#) improves numerous aspects of human flourishing, including happiness and life satisfaction, mental and physical health, meaning and purpose, character and virtue, and social relationships.

## Religion is Good for You No Matter Where You Live



Although most studies that provide evidence for a positive effect of religious communities on human flourishing have been done in the US, findings are also applicable to other geographical areas such as [Europe](#).

## Religion is Good for Our Kids



A 2018 study found that adolescents who attended [religious services at least weekly](#) had greater life satisfaction, positive affect, a number of character strengths, and a lower likelihood of drug use, early sexual initiation, and fewer lifetime sexual partners.



For more information on [how religion helps us thrive](#), visit [Marripedia.org](http://Marripedia.org).

## **BLOG**

### **Phase 6 of The Father- Son Relationship: Young Manhood**



My son, as a young man you are already master of your own ship and free to sail any sea and visit any port! But no matter what you do, the single biggest task ahead of you is choosing your wife, your companion for life. She will have a huge effect on your life and what the sum total of it will be in the end.

Over the years we have talked a lot about matters sexual so that you prepare yourself to thrive sexually. Once married you begin that wonderful sexual exchange. Most moderns think they have to “try it out” first to see if they are compatible, but they have it all wrong.

In the chart below from a national federal government survey you see a pattern that has been replicated many times: Sex before marriage is a threat to the marriage, and therefore to children and the future of society. [Continue reading here.](#)

For the good of the child --- the future of America,

Pat Fagan, Ph.D.

Director of the MARRI Project

