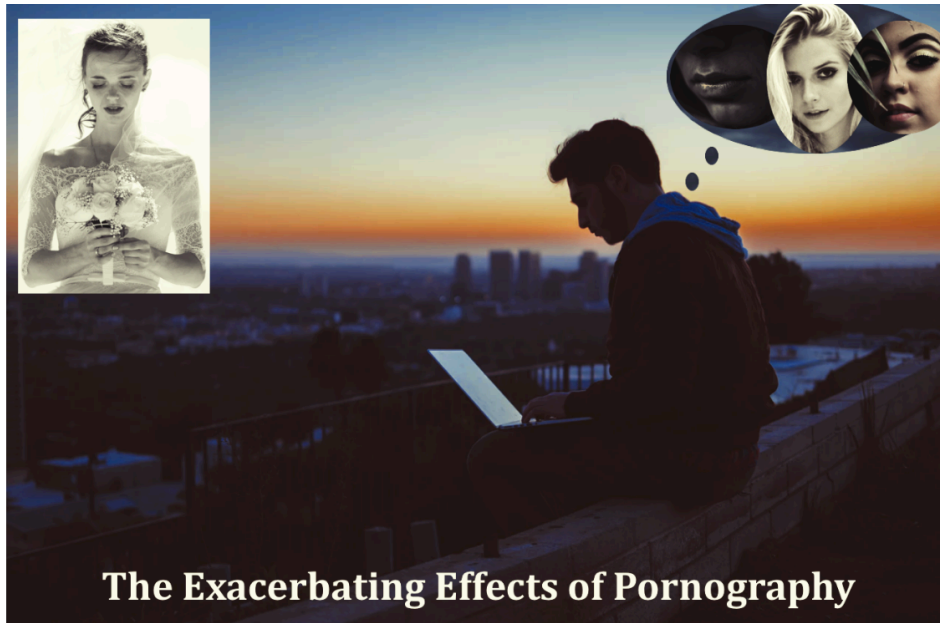


marri Findings

FAITH & FAMILY



The Exacerbating Effects of Pornography

"About 6 weeks ago my wife caught me [for the second time]... now I am staring down the barrel of divorce, losing my best friend (the wife) and not seeing the kids as often. I know she is hurting too, I can see it, I can see the impact this trauma has caused and it makes me sick to the core. This is truly the lowest point in my life." – [Reboot Nation, Porn Addiction Forum](#).

The Pornography Market

Pornography is a [\\$10 billion](#) industry. In 2017, Pornhub (a popular porn site) received [28.5 billion](#) visits.

"I Quit Watching Porn to Have More Sex"

Frequent pornography use increases [sexual dysfunction](#), re-conditions neurological [appetite](#), alters sexual [expectations](#), and lowers [arousal](#), [sexual self-esteem](#), and [satisfaction](#) (especially for [men](#)).

Porn Hinders Intimate Relationships

Demographic Attributes of Young Porn Users

[Adolescent](#) porn users are [male](#), lack [social ties](#), have [weak family relations](#), and are not [religious](#) (religious involvement [counters](#) porn use).

Pornography Augments Risky Sexual Behaviors

Pornography does not satisfy sexual desires, it amplifies [sexual needs](#). Adolescents who use porn regularly [initiate sex earlier](#) and have twice as many [partners](#) ([five](#) or more partners).

Pornography diminishes the [quality](#) and stability of [dating](#) and [marital](#) relationships. It increases the risk of [infidelity](#), [aggression](#), [divorce](#), lowers personal [happiness](#), [commitment](#), the likelihood of [marrying](#), [sexual](#) and relationship [satisfaction](#), and positive [communication](#). These effects are especially strong for [men](#).

Neurological Consequences of Porn Use

Frequent pornography use decreases [grey matter](#) and right [striatum](#) volume and reduces activation in the left [putamen](#). This deteriorates sexual content processing, reactions to sexual stimuli, and reward formulation.



Explore more research about the effects of pornography on [sexual practices](#), [neurology](#), [cognitive and emotional functioning](#), [violence](#), as well as variations by [age](#), [marital status](#), and [gender](#), at Marrimedia.

BLOG: Rebuilding Our Nation One Son at a Time



The way to rebuild our nation is to do what all good men have always done: raise their sons to be great husbands and fathers.

As his newborn son is placed in his father's arms for the first time, the young father (even if he cannot formulate the words) says to his son:

I give you my heart always and give you my time early in your life--- to bind you to me with affection (when it is easy to do). On this foundation we will build the rest. Nothing else compares to this, not a successful business, nor great honors ---- nothing else --- except loving your mother.

My greatest task is to make a great husband and great father of you.

I will teach you what paths to walk so that you will desire to be good.

In your growing years I will be your guardian and protector.

[Continue reading here.](#)

For the good of the child --- the future of America,

Pat Fagan, Ph.D.

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