

A World of Order or Chaos

Today we come to celebrate the work of [Natural Womanhood](#), whose calling is to tip the world towards the future it needs if it is not to descend into yet more chaos.

Every natural family planning method teaches the “how” of going about the marital act but they hide their fundamental purpose: a family built on the unity of wife and husband, and built on the woman’s personal choices. In the world where woman has her full dignity she controls access to sexual intimacy; thus, her desires and her fears take center stage in choosing “how” and when. But to achieve this she needs her husband’s full cooperation. With such a husband she has the man every woman dreams of: one who cooperates with her and honors her at the deepest level – at the level of creating their child together.

One very significant piece of research was conducted on the NFP family but is virtually unknown: Dr. Robert Lerner’s¹ comparison of an opportunity sample of Couple to Couple League graduates with a random national sample of all married couples with children.² Listen to this: On the question of success in raising their families 75 % of the NFP group scored in the “success group” (satisfied, very satisfied and extremely satisfied) while the national average was 6%. At the other end, the unsuccessful group (dissatisfied, very dissatisfied and extremely dissatisfied), the national average was 69% while the NFP average was only 2%. Differences such as these are very seldom seen in social science.

The reason, the cause, can be found in another result within the report:

On satisfaction with communication between spouses, 76% of NFP women are Satisfied (Satisfied, very satisfied, or extremely satisfied) while only 5% are Dissatisfied (dissatisfied, very dissatisfied, extremely dissatisfied). Seventy six percent versus five percent is virtually an unheard-of difference in the scientific literature, but I am certain of the cause because during my first three years as a therapist I learned the power of unity in marriage. By my third year of practice, I would not see a child until I could see the whole family (including father). After a few sessions, keeping the focus off the child and on the whole family, I would suggest “Let us leave the children at home next time,” and then start working on the troubles in the marriage that invariably were a significant part of the picture. When unity between the couple was restored, 95% of the children became symptom-free without “having to be treated”. The child thrives in the love that is unity between parents. This is the secret of success for NFP couples.

This is the great difference [Natural Womanhood](#) brings to the world. It offers a superior world, a world all women wish was accessible to them, a world of unity between husband and wife, where communications are great; where confidence in parenting is very high; where children thrive. And it all begins with sex: a choice between two lifestyles, two types of community, two cultures --- two civilizations really--where people belong to each other or one where people are lost and reject each other and their children. The conversation about sex determines the way.

¹And written up by Mercedes Wilson in the Catholic Social Science Review.

² Wilson, Mercedes Arzú. "[The Practice of Natural Family Planning versus the Use of Artificial Birth Control: Family, Sexual and Moral Issues.](#)" *Catholic social science review* 7 (2002): 185-211.

With the way of [Natural Womanhood](#) everyone wins: The couple, the child, the next generation, the community and the culture.

Why would anyone not accept this way? Because of the false promises, deceptions, easy “truths” that the “[Cheap Sex](#)” offered in contraceptive sexual intercourse --- cheap because it promises the greatest of pleasures without Nature’s corresponding price of marriage and of children. Contraception is inherently deceptive and hides --- and never, ever acknowledges its costs, the highest often being the rejection, even the elimination of the child, as well as the relationship cost between the couple. Everyone pays dearly.

Different women pay the price of myriad biological effects that at different rates, in different ways and with increasing visibility, are causing the bodies of women to breakdown in such

illnesses as thrombosis³, stroke⁴, glaucoma⁵, as well as breast⁶, cervical⁷, and liver cancers⁸. It significantly increases weight gain⁹, and complications with Type 2 diabetics¹. It changes brain

³ Trenor, Cameron C., Richard J. Chung, Alan D. Michelson, Ellis J. Neufeld, Catherine M. Gordon, Marc R. Laufer, and S. Jean Emans. "Hormonal contraception and thrombotic risk: a multidisciplinary approach." *Pediatrics* 127, no. 2 (2011): 348.

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⁴ Combined Hormonal Birth Control: Pill, Patch, and Ring

<http://www.acog.org/Patients/FAQs/Combined-Hormonal-Birth-Control-Pill-Patch-and-Ring>

⁵ Chen SP, Massaro-Giordano G, Pistilli M, Schreiber CA, Bunya VY. Tear Osmolarity and Dry Eye Symptoms in

functioning.¹⁰ All the woman's biological systems are oriented towards attracting, conceiving, birthing, nursing. Contraception closes these systems down, and different systems for different women crack under the strain. It is not nature's way.

It has also brought us levels of STDs¹¹ unknown in recorded history: We now have at least four "constant epidemics" with *20 million* new infections per year, yielding a total of *110 million*

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⁶ Merethe Kumle, Elisabete Weiderpass, Tonje Braaten, Ingemar Persson, Hans-Olov Adami and Eiliv Lund, "Use of Oral Contraceptives and Breast Cancer Risk: The Norwegian-Swedish Women's Lifestyle and Health Cohort Study," *Cancer Epidemiology Biomarkers Prevention* 11 (2002):1375-1381.

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⁷ IARC. A Review of Human Carcinogens. Part A: Pharmaceuticals, Vol. 100

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⁹ Le, Yen-Chi L., Mahbubur Rahman, and Abbey B. Berenson. "Early weight gain predicting later weight gain among depot medroxyprogesterone acetate users." *Obstetrics and gynecology* 114, no. 2 Pt 1 (2009): 279. *Already in Chicago style* <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2727133/pdf/nihms125777.pdf>

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¹⁰ [B. A. Pletzer](#) and [H. H. Kerschbaum](#). 50 years of hormonal contraception—time to find out, what it does to our brain. *Front Neurosci*. 2014; 8: 256. Published online Aug 21, 2014. doi: [10.3389/fnins.2014.00256](https://doi.org/10.3389/fnins.2014.00256) <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4139599/> p. 3.

¹¹ [J. M. Baeten](#), [P. M. Nyange](#), [B. A. Richardson](#), [L. Lavreys](#), [B. Chohan](#), [H. L. Martin](#), [K. Mandaliya](#), [J. O. Ndinya-Achola](#), [J. J. Bwayo](#), and [J. K. Kreiss](#), "Hormonal contraception and risk of sexually transmitted disease acquisition: Results from a prospective study," *Am J Obstet Gynecol* 185, no. 2 (2001): 380.

ongoing infections ---- causing such damage as ectopic pregnancy¹², infertility¹³ and irregular bleeding¹⁴.

The woman's psychological costs include increased depression and anxiety.¹⁵ It even alters her perception of men leading her to choose a husband she never would have chosen were she not on the pill, or to not like her husband when she comes off the pill.¹⁶

¹² Thorne, Sara, Anne MacGregor, and Catherine Nelson-Piercy. "Risks of contraception and pregnancy in heart disease." *Heart* 92, no. 10 (2006): 1524.

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¹³ Westhoff, Carolyn. "Depot-medroxyprogesterone acetate injection (Depo-Provera®): a highly effective contraceptive option with proven long-term safety." *Contraception* 68, no. 2 (2003): 83. Citing: US Approved Prescribing Information for DMPA. Contraceptive Injection, Pharmacia & Upjohn Co. www.pharmacia.com. 1999. 10-7-2002.

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¹⁴ J. Bitzer. "Oral contraceptives in adolescent women." *Best Practice & Research Clinical Endocrinology & Metabolism*. 27 (2013): 77.

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¹⁵ Gingnell M, Engman J, Frick A, et al. Oral contraceptive use changes brain activity and mood in women with previous negative affect on the pill: a double-blinded, placebo-controlled randomized trial of a levonorgestrel-containing combined oral contraceptive. *Psychoneuroendocrinology*. 2013;38 (7):1133-1144.

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¹⁶ S. C. Roberts, K. Klapilová, A. C. Little, R. P. Burriss, B. C. Jones, L. M. DeBruine, M. Petrie, and J. Havlíček. "Relationship satisfaction and outcome in women who meet their partner while using oral **contraception**," *Proc. R. Soc. B*. 279(2012): 1430, 1434.

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Ironically, it reduces the enjoyment of sexual intercourse for many women.¹⁷

What a massive deception of women.

The Child (our future) has paid the highest price. Modern levels of child victimization are now so massive it is hard for the mind to grasp, and beyond anything ever experienced in human history --- all because of sex gone wrong through contraception, which, without exception has invariably led to massive human deficits --- starting with abortion, even in nations where it is outlawed. Today, across the globe, 60 million new human beings are killed in the womb each year. This is akin to deliberately repeating the total killings of WWII every year.

For those who live, in the US, by age seventeen, 54% live in a family without their biological mother and father living together --- with all the concomitant weaknesses that brings in every major task in life. Most damaging of all is their diminished capacity and likelihood of belonging to a spouse and to their children in their own adult lives.

The biggest price for the man is that he is rejected by his woman (70% of the divorces and most of the cohabitations) after which he has less to live for. And his father-absent sons, will in turn, become child-absent fathers in their time. These fathers die younger, sadder and lonelier, with addictions leading the way as the immediate cause, and suicide trailing a bit behind.

The community pays in the massive social costs of out of wedlock births, abortions and divorces, and these, not just at increased levels but at “culture shock” levels. The sexual revolution of the 1960’s, the pill, has given us a severed nation where more than half of seventeen-year-olds now live in families where one of their parents has split. For African Americans 83% have split. The cost in the loss of human talent is astronomical, an absence compounded by its replacement by increased crime, poverty, addictions, mental illness, ill health, educational failure!

Compounded over generations (now multiple generations for many) this is leading to increased victimization of children.

At the global level we see the depopulation of developed Western nations. Europe is slowly dying, but by history’s timeline, very quickly. Northern Italy is the prime exhibit, where the child now has no brothers or sisters, aunts or uncles or cousins, where the future must belong to foreigner because the inhabitants are disappearing. The same is playing out in Holland – which is likely to become a majority Moslem nation in your lifetime. God blesses those who give Him children; even God cannot bless those who do not exist!

The price to the body politic is an atmosphere of increased rejection, hostility, disunity and irreconcilable goals and factions. Scapegoat-seeking is rising quickly: “You are the cause of this set of victims, for it cannot be me. And --- if I get to say it first: you are the cause.” This is the sound of a marriage breaking up. It is also the sound of a body politic breaking apart.

¹⁷ S. C. Roberts, K. Klapilová, A. C. Little, R. P. Burriss, B. C. Jones, L. M. DeBruine, M. Petrie, and J. Havlíček. “Relationship satisfaction and outcome in women who meet their partner while using oral **contraception**,” *Proc. R. Soc. B.* 279(2012): 1430.

Culture pays the price in the death of romance --- and with that the debasement of the arts and entertainment, along with the erosion of worship of God and the unleashing of lust, anger, hatred and violence. All the data show this. And it all begins with sex gone wrong --- with sex gone deceptive --- with sex gone contraceptive.

Paraphrasing Longfellow we can say: “The wheels of *nature* grind slowly, but they grind exceeding small.”

Contraception has given us a world into which no sane adult would freely choose and only a diabolical architect would design. The world has been duped and deceived ---- by the father of lies. But nobody believes in him anymore, so he continues to win.

Natural Womanhood offers a different world.

There is a trinitarian nature to human relationships --- but it all depends on which trinity we put in place: the positive one or the negative one; the other-oriented one or the self-centered one. The third person every sexually active couple deals with, inviting into or banishing from the conversation, is the child. One triad, the inclusive one, is like a three-atom molecule in stable orbit, the other, the excluding one, is composed of two atoms colliding with the third. It is unstable and very dangerous as we have just listed.

We know and need not duck the reality that such stable couples are most often, though not exclusively, found among those who worship God regularly.

Though by now virtually every educated person knows that adults and children thrive most in the always-intact-married-family, but virtually no one knows that the same source of data – the US federal survey system --- also shows, always, that the adults and children who thrive most also worship God weekly. The royal road to thriving is the two great loves of marriage and the worship of God. That NFP couples also often illustrate is thus no wonder.

And here is what they set in motion:

Without realizing it NFP couples openly teach the fundamental likeness of man to God in their conversations about intercourse, for they acknowledge the presence of the child, waiting eagerly on the sidelines, to be called into the ”game of life”, waiting so intensely it takes huge effort to keep him there till beckoned. But when The Natural Woman and her husband call, that child is welcomed with a love that makes this new trinity on earth an image and likeness of the Trinity in heaven --- at least a beginning likeness.

This is the great reality that Natural Womanhood offers this child just conceived, the one cell zygote being shuttled by follicles down his mother’s fallopian tube to be lodged in her womb, there to grow into the baby that will soon upend her life and her husband’s forever, transforming her into a beautiful mother with a new fierce purpose in life while transforming him into a determined father, provider and protector.

Consider this: This newly conceived infant, at this point not even known to his parents but only to the Trinity, but drawing on the universal experience of the whole human race could say to his parents:

“I need your marriage, your growing unity, to become the person God intends me to be. He has made me dependent on that love, which also happens to be the path for you to become the mature persons you must become--- if I am to become the person I am meant to be. From here on out, all three of us are dependent on this marriage. From here on we are a trinity.”

And we all are to worship God, at minimum, weekly if we are to become the person we are meant to be. All human history, in all cultures across the globe, across all times, teaches this lesson. This way, together, we three can become much more the persons He wants us to be, so that we can be together with Him, after we have walked the full length of the path of life.”

Natural Womanhood has appeared at its appointed time. By now many know about NFP, but barely and inadequately. However, the deception of “Cheap Sex” is now more unmasked if only because the suffering it brings is more visible. Furthermore, both social and biological sciences are on your side, because --- when well done—they cannot but illustrate the way God made man. But keep in mind that modern woman’s great conflict is the child. Deep in her bones she knows the child is the price of happiness, but who can show her the way, and where does she find the man worthy of marrying her?

Because we all are created as imitators we have no choice but the wrong one if we do not have attractive people to imitate. Natural Womanhood is great work and must point to those worth imitating. You are called to be great storytellers, called to build a new civilization worthy of a future by being worthy of the woman and the child.

I am sure God is with you as you set about your work. May you experience His presence and His help, and enjoy heaven with those you help get there.