

# marri *Findings*

FAITH & FAMILY



## Mental Health Across Religious Groups

A national [assessment](#) of Canadian religious groups reveals that individuals with low levels of religiosity score lower in all measures of psychological wellbeing.

## Religious Attendance and Depression

A two- decade [evaluation](#) of US women shows that frequent religious attendance lowers the risk of depression. Parallel [results](#) were found in Nova Scotia among adolescents.

## The Protective Effect of Religion on Childhood Adversity

A new study in the [Journal of Research on Aging](#) indicates that religion reduces the negative implications of childhood abuse on long-term mental health.

## \*New PEW Report\*

The latest report by the [PEW Research Center](#) provides a new classification system to identify religious groups.



Explore more research about the effects of religious practice on mental health at [Marripedia](#).

### **BLOG: The Demographics of How "Godly" Are Our Religious Beliefs?**



Pew's [new report](#) is a landmark study in the sociology of religion, which "sorts Americans into seven groups based on the religious and spiritual beliefs they share, how actively they practice their faith, the value they place on their religion, and the other sources of meaning and fulfillment in their lives." [1] [Continue reading...](#)

For the good of the child --- the future of America,

Pat Fagan, Ph.D.

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